1. Gibb’s Reflective Cycle

<https://www.ed.ac.uk/reflection/reflectors-toolkit/reflecting-on-experience/gibbs-reflective-cycle>

This Reflection model helps to give structure to learning from experiences. It offers a framework for examining experiences and allows learning and planning to take place from things that went well or went poorly. Reflection and self-learning are very important as both a leader and a team member.

1. Lewin’s Change Management

<https://www.mindtools.com/pages/article/newPPM_94.htm>

Change is common and is usually met with a large amount of opposition. Lewin provides a model to employ in order to help changes succeed and stick.

1. Understanding Task Type

<https://youtu.be/J832kryICZI>

Commonly people are overwhelmed when they have a lot of tasks to complete and some people complete certain types of tasks better than others. Therefore, it is important to know how to classify tasks in order to complete them successfully and efficiently.

1. One minute manager praise and reprimands (SPPIFI)

<https://www.forbes.com/sites/christophernelson/2015/11/01/latest-research-says-praising-employees-boosts-productivity-after-all/?sh=4b842cab5f80>

Praise and Reprimand help every business and every team. However, there are more effective ways to praise than others.

1. Satisfaction Survey

<https://www.tinypulse.com/blog/questions-for-employee-satisfaction-surveys>

In order to know how we can be a better leader and work better as a team, I as a Leader will need to know who, when, where, etc. things can be improved and become more successful.

1. Different colored hats

<https://www.mindtools.com/pages/article/newTED_07.htm>

The six colored hats method is a nice and creative approach to problem-solving and brainstorming. I would like to implement this method on an independent level first in meetings to make sure that everyone is participating. Then once in a meeting or gathering setting all of the different viewpoints and ideas can be explored.

1. Imagination engine

<https://youtu.be/gyM6rx69iqg>

The imagination engine is another way to break down brainstorming and creative thinking. I would like to use it in such a way that allows my team to expand their imaginations.

1. Daily Scrum Meeting

Daily Scrum meetings typically happen in agile project management. They are short meetings of 15 minutes or less, everyone stands, on the job site. They are asked typically 3 questions, what have you accomplished, what will you accomplish, and what are the obstacles in your way. These three questions help leaders to know what is going on and where they can remove or help with obstacles.

1. Maslow Hierarchy of Needs & Alderfer ERG theory

Peoples needs change over time and can be complex. In order to have an effective reward or motivation strategy, a leader needs to be able to assess what motivates every individual.

1. Myers Briggs Personality Test or 16 Personalities test

<https://www.16personalities.com/>

This test I would like to have each team member take to learn more about themselves and their team. I would like them to present their findings to the team in a meeting setting so that everyone can get to know each person better. It also will hint at vulnerabilities and struggles that each individual deals with and sharing will help the team to connect.

1. The enneagram personality Test

<https://www.enneagraminstitute.com/about>

This test is quite lengthy but has helped me personally learn a lot about myself which in turn has helped me learn about how I work and can work better with others. I think that this is an important tool for each team member to take and learn about themselves.